



## Sharon Kay Howe

November 4, 1948 - May 19, 2017

It is with great sadness that we announce the passing of Sharon Kay Howe (Stricker), age 68. She passed away on Friday, May 19th, 2017 after a brave battle with ALS.

At her request there will be no funeral. Cremation has taken place and a private graveside service will be held at a later date.

She was born on November 4th 1948 in Torrington, Wyoming to Fred and Frances (Fleck) Stricker. She graduated from Torrington High School in 1967, where she met her husband Larry. They were married on May 18th, 1968.

Sharon was an excellent cook and enjoyed preparing meals for her family and friends. She was the owner of the Cabbage Patch Cuisine for over a decade and was known for her delicious Cabbage burgers. She continued her passion for cooking even after her restaurant closed, first as head cook at Trail Elementary and later as Kitchen Supervisor at St. Joseph's Children's Home. Sharon was loved by so many family and friends. Her laid back personality, sense of humor, and kindness were just a few of the qualities that made her so likable. Some of her happiest moments were spent with family, especially her two grandsons who always brought a smile to her face. She was also an avid animal lover, having had many pets throughout her life.

Sharon will be lovingly remembered by her husband Larry and her children, Felicia Alford (Craig) of Ankeny, IA, Jennifer Howe-Chece (Dino) of Des Plaines, IL, and Cody Howe of Great Falls, MT; her grandchildren, Jake and Zach Alford; her sister Sally Fogle of Torrington, brother Tom Stricker of

Denver, and brother Mike Stricker (Karen) of Torrington, as well as numerous nieces and nephews. She was preceded in death by her parents, Fred and Frances Stricker, and her Mother and Father in law, Clair and Dorothy Howe. As an expression of sympathy memorial contributions may be made to the ALS Association ([alsa.org](http://alsa.org)).

We would also like to give a special thanks to the volunteers and staff at Prairie Haven Hospice.

# Tribute Wall



“ *With Deepest Sympathy Gift Basket was purchased for the family of Sharon Kay Howe.*



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June 27, 2017 at 09:02 PM

BS

“ *Bobbi Stuck lit a candle in memory of Sharon Kay Howe*



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**Bobbi Stuck** - June 06, 2017 at 08:05 AM

DB

“ *You will be missed sweet Cousin! I'm glad we got to talk together a lot on Messenger!*



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**Debbie Boyer** - June 01, 2017 at 12:32 AM

DB

“ *Dale And Kathy Beaman lit a candle in memory of Sharon Kay Howe*



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**Dale and Kathy Beaman** - May 28, 2017 at 11:21 AM

BF

“ *Baros Family lit a candle in memory of Sharon Kay Howe*



Baros Family - May 26, 2017 at 10:02 AM

MA

“ *I worked for Sharon at the Cabbage Patch and became great friends with her. Whenever we'd meet somewhere we would talk for a bit catching each other up on what was happening in our lives. I will miss her very much. R.I.P. my friend, until we meet again.*



Margie - May 25, 2017 at 03:34 PM

SJ

“ *Sandi Jenkins lit a candle in memory of Sharon Kay Howe*



Sandi Jenkins - May 24, 2017 at 08:00 PM

SJ

*Sharon was wonderful lady and will be missed by all!! Sandi Jenkins*

Sandi Jenkins - May 24, 2017 at 08:02 PM

BO

“ *Bob Otero lit a candle in memory of Sharon Kay Howe*



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**Bob Otero** - May 24, 2017 at 11:26 AM

BO

*Larry and family, sorry for your loss, Sharon was a good person and will be missed by many of us.*

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**Bob Otero** - May 24, 2017 at 11:28 AM

AC

“ *Araceli Cordova lit a candle in memory of Sharon Kay Howe*



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**Araceli cordova** - May 24, 2017 at 10:23 AM

SH

“ *Shanna Hamburg lit a candle in memory of Sharon Kay Howe*



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**Shanna Hamburg** - May 23, 2017 at 02:04 PM

DS

“ I am so very sorry to hear of Sharon's passing!!!! She always made sure that she took time to to truly listen to others.....a genuinely kind soul. My and my family's deepest condolences and prayers for comfort and peace for her family.

*Denise Shoults*

*Linda Shoults*

*Jim Shoults*

*Dianna (Shoults) Teague*

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**Denise Shoults** - May 23, 2017 at 10:10 AM

AC

“ Araceli Cordova lit a candle in memory of Sharon Kay Howe



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**Araceli cordova** - May 23, 2017 at 06:47 AM

SH

“ Scherri Hacker lit a candle in memory of Sharon Kay Howe



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**Scherri Hacker** - May 22, 2017 at 09:54 PM



“ Sharon, I will miss our talks, the good food, and the wonderful way you could relate to everyone. You are such a good listener, always making me feel safe in telling you my word. I am blessed to know you, thank you for being my friend,. Merrijane Morgheim

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**Merrijane Morgheim** - May 22, 2017 at 09:17 PM

KH

“ Karen Herdt lit a candle in memory of Sharon Kay Howe



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**Karen Herdt** - May 22, 2017 at 07:30 PM

TR

“ Theil Ryan lit a candle in memory of Sharon Kay Howe



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**Theil Ryan** - May 22, 2017 at 04:24 PM

SF

“ She was a wonderful Aunt, always so kind and friendly to Julie and I! Always throughly enjoyed our visits with her, I will miss her.

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**Sheila Fritzen** - May 22, 2017 at 01:38 PM