



## Sheldon Douglas Poage

April 23, 1980 - June 9, 2021

Sheldon Douglas Poage

04/23/80 – 06/09/21

Sheldon Douglas Poage was born April 23, 1980 to Vernon and Teresa Poage. He grew up on the family farm south of Lost Springs, WY and attended the Shawnee Country School through 3rd grade. After graduating from Niobrara County High School, Sheldon earned his associates degree at Eastern Wyoming College in Torrington and he went on to get his Bachelor's degree in Criminal Justice at Chadron State College in Chadron, NE.

He was a Park Ranger at Glendo for the summer of 2002 to complete his internship requirements for his degree. He then worked for the Converse County Sheriff's department as a deputy. While there, he became a Certified Law Enforcement Officer through the Wyoming Law Enforcement Academy. Sheldon joined his dad on the Wyoming Highway Patrol from 2004 – 2018. In 2009 Sheldon was honored with the "Larson Award" given to recognize his acts of heroism for saving a man's life from a burning truck while off duty. Sheldon married Janae Crary in 2009 to whom their daughter, Laurel, was born. They were later divorced.

Sheldon married Ammie Murray in 2019 to whom no children were born. They later divorced.

Sheldon worked briefly for Prairie Oil Field Services as their Field Safety Officer until he bought his own semi-truck and started U Lazy Three LLC.

He is survived by his daughter, Laurel, his parents Vernon and Teresa Poage,

his sister Leah (Eric) Gremm and their daughters Jayden and Bailee, his aunt Janice (Dewey) Baars, his aunt Darlene (Bob) Thon, special friend Anna Prince plus many cousins and close friends.

He is preceded in death by his paternal grandparents, Harvey and Caroline Knudsen Poage, his maternal grandparents, Lawrence and Rosetta Lewis, his aunt and uncle, Anita and Rick Jassman.

Services will be held at 10am, Thursday June 17th at the First Wyoming United Presbyterian Church in Torrington with Pastor Steve Kellett officiating. In lieu of flowers, you may donate to the Wyoming Highway Patrol Association to go toward scholarships for Wyoming high school seniors.

There will be a light lunch after the burial, at the Manville Church, around noon.

# Cemetery Details

## Valley View Cemetery

30th Avenue  
Torrington, WY 82240

# Previous Events

## Service

JUN 17. 10:00 AM - 11:00 AM (MT)

First Wyo United Presbyterian Church  
2972 Main Street  
Torrington, WY 82240

# Tribute Wall

KM

“ I was very saddened to read about Sheldon's passing. My prayers are with your family.

*Kathy Martin,  
formerly of Shawnee, WY*

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**Kathy Martin** - October 14, 2021 at 04:52 AM

WS

“ I met Sheldon through my husband. They worked together. Actually Sheldon was an answer to prayer as I had prayed for a strong Christian man to be a part of my husband and sons life at work and God sent Sheldon. Brain (David) and Sheldon became great friends. I am so thankful that Sheldon became a great friend to Brain. Brian is going to miss him as well as I am.



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**Wanda Street** - July 19, 2021 at 03:01 PM

IS

“ Vernon & Teresa I am so sorry! I was just told today. Aunt Betty Mack ask about him because she had heard something about Sheldon. I so enjoyed working with him at Patrol. He was a dear friend, we made contact on Facebook. His posts were pretty sweet, encouraging & funny. He was strong in his faith which got me through a few rough times. I will miss him. My heart and prayers go out to your family.  
Sincerely, Ida



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**Ida Smith** - June 20, 2021 at 12:58 AM

BT

“ Thank you Sheldon for all the laughs and good times. Especially at your mommas house. I'll miss ya like crazy but I'll see you soon. Love ya buddy. Always and forever.



Breanna Thompson - June 17, 2021 at 10:13 AM

BH

“ I have no words , Sheldon was a beautiful soul and a good friend, God speed my friend 🙏

Brent Hilterbrand - June 17, 2021 at 09:59 AM

BH

“ When I met Sheldon we were coworkers and later supervisors at the same company. We struck up a friendship right away and I always appreciated his attitude and approach to life. I will always miss him and words can't express the sadness I feel . My love and prayers for the family , may they find comfort in a most uncomfortable time. God Bless

Brent Hilterbrand - June 17, 2021 at 12:57 AM

TP

Thank You Brent. Are you living in Texas now?

Teresa Poage - June 18, 2021 at 07:12 PM



“ We were so sad to hear the news of Sheldon's passing and will be making a donation to the WHPA on his behalf. We are praying diligently for you all. -- Keith and Kelly Groeneweg

Kelly Rutt Groeneweg - June 16, 2021 at 01:58 PM



“ Beautiful Heart Bouquet was purchased for the family of Sheldon Douglas Poage.



June 15, 2021 at 10:57 PM



“ Simply Elegant Spathiphyllum was purchased for the family of Sheldon Douglas Poage.



June 15, 2021 at 01:48 PM



“ Jill Poage purchased the Serene Retreat for the family of Sheldon Douglas Poage.



**Jill Poage** - June 15, 2021 at 11:32 AM



“ Simply Elegant Spathiphyllum was purchased for the family of Sheldon Douglas Poage.



June 15, 2021 at 12:34 AM

PB

“ *Paula Bivens lit a candle in memory of Sheldon Douglas Poage*



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**Paula Bivens** - June 14, 2021 at 03:40 PM

RB

“ *Vernon and family,  
You are all in my prayers as I just can't imagine the pain and shock of losing Sheldon must be for you. I know he was a blessing to many, both strangers and friends.  
God Bless  
Rene' Brindle*

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**Rene' M Brindle** - June 14, 2021 at 01:33 PM



“ *The Bob Magnuson family sends our condolences to the family and friends of Sheldon. You are in our prayers*

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**Bob Magnuson** - June 13, 2021 at 09:22 AM



“ *Heartfelt Memories was purchased for the family of Sheldon Douglas Poage.*



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June 12, 2021 at 10:09 PM



“ *Simply Elegant Spathiphyllum* was purchased for the family of Sheldon Douglas Poage.



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June 12, 2021 at 10:48 AM



“ *Beautiful in Blue* was purchased for the family of Sheldon Douglas Poage.



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June 11, 2021 at 10:33 PM



“ *Arrive in Style* was purchased for the family of Sheldon Douglas Poage.



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June 11, 2021 at 07:54 PM



“ *Beautiful in Blue* was purchased for the family of Sheldon Douglas Poage.



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June 10, 2021 at 02:20 PM